



Presented by the Early Childhood Council of Hillsborough County, inc.

*The Early Childhood Council would like to thank all of our Vendors and Exhibitors for the 2019 Early Childhood Conference.*

"Bitter are the tears of a child:  
Sweeten them.

Deep are the thoughts of a child:  
Quiet them.

Sharp is the grief of a child:  
Take it from him.

Soft is the heart of a child:  
Do not harden it."

- Pamela Glenconner

# Details to Remember

**BADGES must be worn at all times while at the conference venue.**

*They indicate to the hotel, staff and volunteers that you are part of the conference.*

## **Questions on site?**

*Visit the Registration desk to speak to an Early Childhood Council representative. Volunteers are on hand to assist you*

## **Continuing Education Units (CEUs)**

*If you are applying for CEUs please be sure to complete the CEU form you received at registration. Visit the CEU Desk to speak to a representative who will assist you in answering your questions.*

## **Vendor Passport**

*Complete your vendor passport to be entered in the Raffle at Friday's lunch. Don't have to be present to win!*

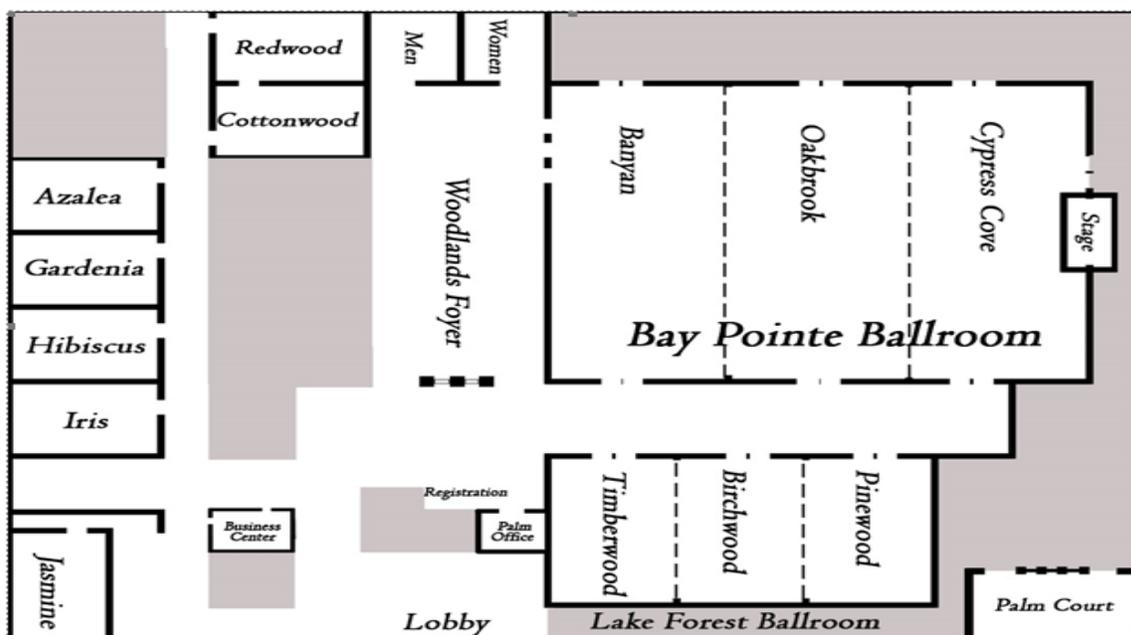
## **Evaluations**

*Please turn in your evaluation by the registration table or to any of our hosts or staff members.*



*You can recycle your name badge at the end of the Conference at the Registration table.*

## *Hotel Map*



# SCHEDULE AT A GLANCE

## Thursday, June 27, 2019

<b>7:45</b>	<b>Registration &amp; Continental Breakfast</b>	<i>Foyer</i>
<b>8:45</b>	<b>Welcome &amp; Opening Remarks:</b> <i>Stephen C. Martaus, Executive Director of the Early Childhood Council</i> <i>Gordon Gillette, CEO, Early Learning Coalition of Hillsborough County</i>	
<b>9:00</b>	<b>KEYNOTE SPEAKER</b> <b>Sara Watamura, Ph.D.</b> <i>Two Open Windows: Infant and Parent Neurobiologic Change</i>	<i>Main Ballroom</i>
<b>10:30</b>	<b>Vendor Break</b>	<i>Foyer</i>
<b>11:00</b>	<b>SESSION ONE</b>	
	Hillsborough County's Journey to Infant Mental Health Endorsement	<i>Banyan</i>
	Who? Me? Biased? I Love All Children!	<i>Pinewood</i>
	Sticks and Stones May Break My Bones but Words Will Always Hurt Me	<i>Birchwood</i>
	The Hillsborough Early Learning Network: Cultivating a Community of Child Care Practitioners Through an Online Professional Development System	<i>Timberwood</i>
	Protective Factors: An Approach to Uplifting Families	<i>Palm Court</i>
<b>12:30</b>	<b>Lunch on your own</b>	
<b>2:00</b>	<b>SESSION TWO</b>	
	Resilience, the Biology of Stress and Science of Hope: Viewing and Facilitated Discussion	<i>Banyan</i>
	The Sky is the Limit for Using Puppets in Classrooms	<i>Pinewood</i>
	Trauma-Informed Child Care Project	<i>Birchwood</i>
	Adapting Family Supports for Parents with Intellectual Disabilities	<i>Timberwood</i>
	Playful Reading Remix	<i>Palm Court</i>
<b>3:30</b>	<b>Vendor Break &amp; Snacks</b>	<i>Lobby</i>
<b>4:00</b>	<b>SESSION THREE</b>	
	Safe Baby Training and Parent Survey Overview	<i>Banyan</i>
	Cultural Considerations in Reflective Supervision: Allowing, Acknowledging and Attending to Trauma	<i>Pinewood</i>
	Fatherhood at the Foundation	<i>Birchwood</i>
	Supporting Children with Challenging Behavior	<i>Timberwood</i>
	Inclusion in a Preschool Setting: Unique Needs and Extraordinary Outcomes	<i>Palm Court</i>

## Friday, June 28, 2019

<b>8:00</b>	<b>Registration &amp; Light Breakfast</b>	<i>Lobby</i>
<b>8:45</b>	<b>Welcome Back / Remarks:</b> <b>Stephen C. Martaus</b> , Executive Director, Early Childhood Council	<i>Main Ballroom</i>
<b>9:00</b>	<b>KEYNOTE SPEAKER</b> <b>Jack Levine</b> <i>Investing In Our Children, Our Families and Our Collective Futures</i>	<i>Main Ballroom</i>
<b>10:00</b>	<b>Vendor Break</b>	<i>Foyer</i>
<b>10:30</b>	<b>SESSION FOUR</b>	
	Reflecting on the Work that We Do: The Importance of Reflective Practice for Avoiding Vicarious Trauma	<i>Banyan</i>
	Give Me 5! Tips for Improving Behavior in the Classroom	<i>Pinewood</i>
	How Does Autism Affect Family Life? Meaningful Ways to Support Parents and Caregivers of Young Children with ASD in Order to Promote Resilience	<i>Birchwood</i>
	Infant Mental Health Programming: A Collaborative Approach	<i>Timberwood</i>
	What's New in Child Care Regulation?	<i>Palm Court</i>
<b>12:00</b>	<b>LUNCH</b> (provided) <b>Raffle for Gifts Baskets and Prizes &amp; Closing remarks</b>	<i>Main Ballroom</i>
	<b>LUNCH KEYNOTE SPEAKER</b> <b>Ashley Rhoades-Courter, MSW</b> <i>Three Little Words</i>	<i>Main Ballroom</i>
<b>1:30</b>	<b>BOOK PURCHASE and SIGNING WITH ASHLEY</b>	
<b>2:00</b>	<b>2019 Conference Ends</b>	

# Conference Program

## Thursday, June 27, 2019

*See page 1 for a map of the meeting rooms*

<b>7:45</b>	<b>Registration &amp; Continental Breakfast</b>	<i>Foyer</i>
<b>8:45</b>	<b>Welcome &amp; Opening Remarks:</b> <i>Stephen C. Martaus, Executive Director of the Early Childhood Council</i> <i>Gordon Gillette, CEO, Early Learning Coalition of Hillsborough County</i>	<i>Main Ballroom</i>
<b>9:00</b>	<b>KEYNOTE</b> <b>Two Open Windows: Infant and Parent Neurobiologic Change</b> <b>Sarah Watamura, Ph.D.</b> Dr. Sarah Enos Watamura is an Associate Professor of Psychology at the University of Denver where she directs the Child Health & Development Lab and co-directs the Stress, Early Experience and Development (SEED) Research Center. After training with Megan Gunnar, PhD, at the University of Minnesota's Institute of Child Development, she received her Ph.D. from the Department of Human Development at Cornell University in 2005. She has longstanding interests in children's physiologic regulation, their development within caregiving contexts, and in understanding mechanisms and trajectories from early life experiences to later physical health, mental health, cognitive/educational, and socio-emotional outcomes. Her work focuses on the role of adverse, protective and promotive factors in families experiencing poverty and among newly immigrated and refugee families, and includes testing promising intervention approaches.  In this session, the dynamic interface between infant and parent brain development will be explored. The effects of stress and adversity during vulnerable periods and for underserved populations will be reviewed. Opportunities for supportive intervention and recommendations about intervention approaches will be included. Implications for early childhood professionals and parents will be discussed.	<i>Main Ballroom</i>
<b>10:30</b>	<b>Vendor Break</b>	<i>Foyer</i>
<b>11:00</b>	<b>SESSION ONE</b>	
	<b>Hillsborough County's Journey to Infant Mental Health Endorsement</b> This session will explore Florida Association for Infant Mental Health's (FAIMH) journey implementing the Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health® (IMH-E®). The IMH-E® is designed to establish and recognize competence in the infant mental health field through experience, training, and academic preparation and reflective supervision as determined by the IMH-E® Competency Guidelines. Hillsborough County has been selected as a pilot site for FAIMH's IMH-E®. Specifics on this journey will be discussed as well as how participants can prepare to be endorsed. <b>Cindy Horwitz, MSW, MPH, IMH-E®, FAIMH Endorsement Coordinator</b> <b>Lisa Negrini, LCSW, Chief Operating Officer</b> <b>Kimberly Renk, Ph.D., Associate Professor</b> <i>Early Childhood Council, University of South Florida St. Petersburg Family Study Center, University of Central Florida Department of Psychology and Florida Association for Infant Mental Health</i>	<i>Banyan</i>
	<b>Who? Me? Biased? I Love All Children!</b> In the maternal child health and early childhood field, we often focus on how a baby's/young child's brain develops, but rarely do we acknowledge how our adult brains have been shaped to influence our thoughts and actions. However, its important work to examine our cognitive processes-especially those of us who support and shape young minds and their families. We all have mental cues, insights, and beliefs that positively shape how we make sense of the world. Sometimes these cues are so ingrained in our minds, we don't actively think them through; they are subconsciously activated. This is Implicit Bias and it's not always positive. Sometimes these mental cues can lead to decisions and actions that conflict with our values or have unintended consequences. These biases can influence the way we work with children and families in an inequitable manner. In this session, we'll: define implicit bias, identify its impact on our work and outline emerging "de-biasing" techniques. <b>Nicole Martin-Bynum, BA, Principal Consulting</b> <i>Martin Bynum Consulting Group</i>	<i>Pinewood</i>

	<p><b>Sticks and Stones May Break My Bones but Words Will Always Hurt Me</b></p> <p>This presentation discusses the role words play in the lives of young children. As adults, we do not always remember that children live in a world that is literal. For example: when we say "It is raining cats and dogs outside" children look out the window for the cats and dogs. This is why the words that we use with them have a lasting effect. We will have an open dialogue about how to restructure our use of verbiage and be more mindful and thoughtful of our words so that we can then be a model for the children that we care for every day.</p> <p><b>Bobbie Huard, BA, Professional Development Specialist</b>  <i>Early Learning Coalition of Hillsborough County</i></p>	<i>Birchwood</i>
	<p><b>The Hillsborough Early Learning Network: Cultivating a Community of Child Care Practitioners Through an Online Professional Development System</b></p> <p>The Early Learning Florida team has listened to you and has built an array of virtual and face-to-face professional development supports for child care directors and practitioners to use anytime they need. We will be unveiling these new supports available locally, including Quick Tips (short videos you can browse by topic, child's age and dilemma), a preview of our Director's Leadership Framework, and others during this session. Come and learn how to be a part of this exciting new opportunity and join the Hillsborough Early Learning Network.</p> <p><b>Lisa Sutter and Stephanie Cugini, M.Ed., Program Coordinator</b>  <i>Lastinger Center for Learning, University of Florida</i></p>	<i>Timberwood</i>
	<p><b>Protective Factors: An Approach to Uplifting Families</b></p> <p>Research shows that reducing risk factors in the lives of families is not the most impactful service we can provide. Instead, the greatest influence is to increase the protective factors that serve as a buffer for families. It is how caregivers respond to stress and children that creates a safe and nurturing environment so children can reach their fullest potential. As front-line workers it is our responsibility to adapt an approach into our existing work to support families in building a buffer of protection. In this workshop, you can expect to learn about each protective factor and focus on how to engage caregivers so they can be attentive to children when toxic stress does present itself in life.</p> <p><b>Cherith Belmonte, BSW, Family Support Coordinator II</b>  <b>Lisa Maddocks, LCSW, Circuit 13 Early Childhood Court, Community Coordinator</b>  <i>Early Childhood Council</i></p>	<i>Palm Court</i>
12:30	<b>Lunch</b> (on your own)	
2:00	<b>SESSION TWO</b>	
	<p><b>Resilience, the Biology of Stress and Science of Hope: Viewing and Facilitated Discussion</b></p> <p>Resilience is a new documentary that delves into the science of Adverse Childhood Experiences (ACEs) and a new movement to treat and prevent toxic stress. Resilience chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress and the dark legacy of a childhood that no child would choose. This session is a showing of the documentary followed by a facilitated discussion.</p> <p><b>Chris Lolley, Executive Director</b>  <i>Prevent Child Abuse Florida</i></p>	<i>Banyan</i>
	<p><b>The Sky is the Limit for Using Puppets in Classrooms</b></p> <p>This session will focus on the benefits of using puppets in early childhood education settings to teach social-emotional skills. Participants will learn about a variety of puppets for different age groups, embedding puppet use in routines, and tips for using puppets in the classroom.</p> <p><b>Dana Pena, MS, Learning and Development Facilitator</b>  <b>Erin Sizemore, MA, Learning and Development Facilitator</b>  <i>University of South Florida Program-Wide Positive Behavior Support</i></p>	<i>Pinewood</i>
	<p><b>Trauma-Informed Child Care Project</b></p> <p>Many children with extreme behaviors have experienced at least one traumatic event in their young lives. These behaviors often present challenges to child care providers, in some cases resulting in suspension, or expulsion. We will discuss trauma in early childhood, how it can impact early development which may lead to issues into adulthood, and DCF's Trauma Informed Care project and the Trauma Endorsement for the Director Credential.</p> <p><b>Kathryn Schmidt, BA, Operations Review Specialist</b>  <i>Florida Department of Children and Families</i></p>	<i>Birchwood</i>

	<p><b>Adapting Family Supports for Parents with Intellectual Disabilities</b>  Parents play an essential role in a child’s health and development. When a parent has an intellectual disability, additional supports are required to help the parent maintain a safe and nurturing environment. This presentation describes strategies and materials developed for providers who might encounter parents with intellectual and related disabilities.</p> <p><b>Carlene Geffrard, BS, MPH, CPH, Graduate Research Assistant</b>  <b>Christopher Vatland, Ph.D., Research Assistant Professor</b>  <b>Jennifer Marshall, Ph.D, CPH, Assistant Professor</b>  <i>University of South Florida, College of Public Health and College of Behavioral &amp; Community Sciences</i></p>	<i>Timberwood</i>
	<p><b>Playful Reading Remix</b>  This workshop will explore creative approaches for book play to enhance learning and the parent-child relationship. This interactive session will guide you in using books to create playful strategies and will focus on activities to build skills across the developmental domains to make learning fun and to have children ready for school.</p> <p><b>Creshanda Riley, MS, Parents Educator</b>  <i>Champions For Children</i></p>	<i>Palm Court</i>
<b>3:30</b>	<b><i>Vendor Break &amp; Snacks</i></b>	<i>Foyer</i>
<b>4:00</b>	<b>SESSION THREE</b>	
	<p><b>Safe Baby Training and Parent Survey Overview</b>  Participant will receive the Safe Baby Training, curriculum and materials to teach parents about direct actions that they can take to protect their babies from the leading causes of preventable deaths as determined by the Healthy Start Coalition’s Fetal Infant Mortality Review team and the Florida Department of Health Office of Vital Statistics. A presentation on the first year analysis of survey findings conducted among parents who received the education will be shared. Survey design was created with USF College of Public Health to measure behaviors, practices and beliefs among Safe Baby Plus families and moms seen at WIC.</p> <p><b>Jessica Reynolds, BS, Community Outreach Manager</b>  <i>Healthy Start Coalition of Hillsborough County</i></p>	<i>Banyan</i>
	<p><b>Cultural Considerations in Reflective Supervision: Allowing, Acknowledging and Attending to Trauma</b>  This workshop will explore the impact that adverse childhood, community, and cultural experiences has on the supervisory relationship. It will introduce a new tool, the Culturally Attuned Reflective Supervision Scale (CARSS), and provide a framework for its application and use. Practitioners will deepen their capacity to engage in cross-cultural supervision.</p> <p><b>Lisa Negrini, LCSW, Clinical and Training Director: Infant-Family Center, COO- Family Study Center</b>  <b>Ladonna Butler, Ed.D., LMHC, Community Trainer</b>  <i>University of South Florida St. Petersburg</i></p>	<i>Pinewood</i>
	<p><b>Fatherhood at the Foundation</b>  This presentation explores the unique role of fathers in inspiring their children's dreams. Responsible, engaged fathers are critical to children's physical, emotional, intellectual, social, spiritual, financial and creative well-being. Fathers are more than "just nice to have around;" they are profoundly valuable in preparing their children for success and happiness.</p> <p><b>Daryl Clark, MPA, Male Health and Wellness Coordinator</b>  <b>Michael Thomas, BS, Male Involvement Coordinator</b>  <i>REACHUP, Inc.</i></p>	<i>Birchwood</i>
	<p><b>Supporting Children with Challenging Behavior</b>  Positive Behavior Support (PBS) provides a framework for supporting appropriate behavior and social-emotional learning for all children. Early childhood educators use the evidence-based application of PBS to provide developmentally-appropriate practices in their classrooms that include universal, targeted and individualized supports. This session will focus on individual children who display the most challenging behaviors in early education settings and how the PBS approach can be utilized by collaborative teams that include teachers and families to develop effective behavior support plans. A case study of this teaming approach that positively impacted child behavior outcomes at school and home, as well as promoted improved quality of life for the child and team will be shared. Participants will have the opportunity for discussion and questions, have access to resources and learn strategies that can be used in their classroom</p> <p><b>Anna Winneker, Ph.D., Project Director</b>  <b>Shelley Clarke, M.A., BCBA, Research Associate</b>  <i>University of South Florida</i></p>	<i>Timberwood</i>

	<p><b>Inclusion in a Preschool Setting: Unique Needs and Extraordinary Outcomes</b>  This session will provide an overview of what inclusion looks like in an actual preschool setting. We will explore the cohesive relationships of therapists, interventionists, teachers and parents while identifying success, opportunities and failures as experienced by an inclusive preschool.  <b>Tina Gill, CDA, FCCDC, BS, Director</b>  <i>Castles of Imagination</i></p>	<i>Palm Court</i>
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**Friday, June 28, 2019**  
*See page 1 for a map of the meeting rooms*

<b>8:00</b>	<b>Registration &amp; Light Breakfast</b>	<i>Foyer</i>
<b>8:45</b>	<p><b>Welcome Back &amp; Opening Remarks</b>  <b>Stephen C. Martaus, Executive Director of the Early Childhood Council</b></p>	<i>Main Ballroom</i>
<b>9:00</b>	<b>KEYNOTE</b>	
	<p><b>Investing In Our Children, Our Families and Our Collective Futures</b>  <b>Jack Levine</b></p>	<i>Main Ballroom</i>
<b>10:00</b>	<b>Vendor Break</b>	<i>Foyer</i>
<b>10:30</b>	<b>SESSION FOUR</b>	
	<p><b>Reflecting on the Work that We Do: The Importance of Reflective Practice for Avoiding Vicarious Trauma</b>  Professionals working with young children often are exposed to many difficult and traumatic situations. As a result, they are at risk for the experience of vicarious trauma. Such exposure makes reflective practices especially important for helping professionals review and make sense of these situations themselves.  <b>Kimberly Renk, Ph.D., Associate Professor</b>  <i>University of Central Florida Department of Psychology</i></p>	<i>Banyan</i>
	<p><b>Give Me 5! Tips for Improving Behavior in the Classroom</b>  This presentation will provide early childhood professionals with proven strategies to improve behavior in the classroom. Step by step guidance will be presented and resources will be available.  <b>Erin Sizemore, M.A., Learning and Development Facilitator</b>  <b>Paola Ramirez, MS, Learning and Development Facilitator</b>  <i>University of South Florida</i></p>	<i>Pinewood</i>
	<p><b>How Does Autism Affect Family Life? Meaningful Ways to Support Parents and Caregivers of Young Children with ASD in Order to Promote Resilience</b>  Autism Spectrum Disorder (ASD) currently affects 1 in 59 children and many children are diagnosed in early childhood (Centers for Disease Control, 2019). For parents and families, receiving a diagnosis of ASD for a young child presents many changes and unique challenges. These include coping with the news, finding internal and external sources of support, and learning to navigate a different path than expected to support their child's needs. In addition, ASD is a unique diagnosis in that it also impacts the social responsiveness of a child to those around them, which can often intensify the emotional strain felt by caregivers. The purpose of this workshop is to bring awareness to how an ASD diagnosis can impact families, and provide participants with practical ways in which families and caregivers can be supported to cope and connect with resources.  <b>Emily Shaffer-Hudkins, Ph.D., Assistant Professor, Bay Area Early Steps Program Director</b>  <i>University of South Florida</i></p>	<i>Birchwood</i>
	<p><b>Infant Mental Health Programming – A Collaborative Approach</b>  Attendees will learn about Infant Mental Health Consultation and Child Parent Psychotherapy and how combining these interventions at an early learning center can reach high risk clients that may not otherwise seek out family based interventions.  <b>Jeffery Shearer, LCSW, CEO</b>  <b>Heidy Garcia, LMHC, Director of Community Based Services</b>  <i>Tykes &amp; Teens, Inc.</i></p>	<i>Timberwood</i>

	<p><b>What's New in Child Care Regulation?</b>  This presentation will outline current/proposed rule language for licensed Child Care Facilities with an emphasis on supervision, training, background screening, and outdoor play area requirements. The discussion will provide an overview of the Department's website and the history regarding state/federal legislative changes that initiated the rule amendment as well as standard suggestions to providers for compliance with the new rule.  <b>Dinah Davis, BA, Senior Management Analyst Supervisor</b>  <i>Department of Children and Families</i></p>	<i>Palm Court</i>
<b>12:00</b>	<p><b>LUNCH</b> (provided)  <b>Raffle for Gifts Baskets and Prizes</b>  <b>Closing remarks</b></p>	
	<p><b>Three Little Words</b>  <b>Ashley Rhoades-Courter</b>  Ashley is a foster child who came full circle to become a social worker, volunteer, and foster/adoptive parent. Ashley and her husband have cared for more than 25 children and their eldest of three children was adopted from foster care. Her unparalleled, multi-faceted experiences give audiences a deeper understanding of the various traditionally underrepresented populations many non-profits serve. Ashley's presentation leaves audiences with a true story of resiliency in the face of extreme adversity, and the healing power of service to others.</p>	<i>Main Ballroom</i>
<b>1:30</b>	<b>BOOK PURCHASE and SIGNING WITH ASHLEY</b>	
<b>2:00</b>	<b>2019 Conference Ends</b>	

**THE EARLY CHILDHOOD COUNCIL OF HILLSBOROUGH COUNTY, INC.**

Since 1983, the Early Childhood Council (ECC) has fostered healthy development in young children through its programs and services with a special emphasis on assisting parents / families with special needs children. Through its award winning and innovative services such as the *community developmental screening program, inclusion support services, infant mental health project* and *early childhood court*, the Early Childhood Council has developed critical prevention and early intervention efforts to address gaps in Hillsborough County's system of care.

Since 1995, ECC has hosted the Early Childhood Conference to support the education and professional development of early childhood professionals. Through this unique conference and other training initiatives, the ECC has trained over 8,000 professionals. For more information, please contact us at (813) 837-7753 or visit [www.ecctampabay.org](http://www.ecctampabay.org).

**CHILDREN'S BOARD OF HILLSBOROUGH COUNTY**

The Children's Board invests in partnerships and quality programs to support the success of all children and families in Hillsborough County. Created by voters in 1988 we provide funding for services and support on behalf of children and families with an emphasis on children from birth to age eight. In fiscal year 2018, we invested nearly \$40 million in more than 90 local non-profit agencies. Our funded partners have clearly defined goals and outcomes that are regularly monitored for quality and performance. The strategic focus of the Children's Board of Hillsborough County is to work with organizations who share a common vision of offering support to children so that they can lead a healthy, safe, and productive life. This in turn, makes a difference for all of the residents of Hillsborough County. For more information please contact us at (813) 229-2884 or visit [www.childrensboard.org](http://www.childrensboard.org).

**EARLY LEARNING COALITION OF HILLSBOROUGH COUNTY**

The Early Learning Coalition of Hillsborough County's (ELCHC) mission is to ensure families have access to high-quality, affordable early care and education programs that prepare children for school success. We accomplish this goal through a variety of programs, financed local, state and federal funds. Our core functions include administering School Readiness (SR) and Voluntary Pre-Kindergarten (VPK) funds to eligible early care and education providers; supplying local families Child Care Resource and Referral Assistance; and professional development services for early care and education providers to improve their quality and child outcomes. The SR funds are subsidies that allow eligible families to afford child care. The VPK funds are state dollars available to any child meeting the age requirement. We serve 10,000 children daily in each SR and VPK. We contract with nearly 1,000 licensed and/or legally operating child care centers, family child care homes, and afterschool programs each year to offer SR and/or VPK. The ELCHC also provides professional development to contracted and non-contracted providers to meet quality standards and to other early care and education programs that serve young children and families in our county. For more information please contact us at (813) 515-2340 or visit [www.elchc.org](http://www.elchc.org).